

## Involving Young People in commissioning

Our evidence based Young Commissioners Model:

- provides a toolkit and webinar to support young people and commissioners to co-produce services
- has informed service development in disadvantaged communities in East London and West Midlands
- is included in NICE and NHSE Guidelines
- is eCPD accredited



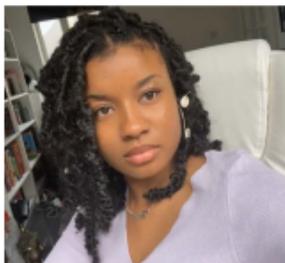
University of  
East London



NIHR

Applied Research  
Collaboration  
North Thames

## Co-designing community-based diabetic services responsive to the needs of children and young people



“We have a right to be involved in the services we use so it makes sense legally, morally, politically and economically to involve us. We can play a role in the commissioning cycle if we are taken seriously, trained and supported” - Tianna Williams, Young Commissioner

“I have always been motivated to listen to and learn from the experiences of those who use services. Working together, we can overcome blind spots, gain new perspectives and design better services” - Angela Harden, Young Commissioners co-lead, Professor of Health Sciences, City, University of London & ARC North Thames Academy Director



“It was a really positive and rewarding role. I was living with diabetes and it gave me the chance to improve the services for other people” - Sema Thasnim, Young Commissioner